

HOW GREEN ARE MEMBERS OF THE UUFF?

1. Which of the following responses best describes your practices to REDUCE SOLID WASTE?

RESPONSES LISTED BY PERCENTAGES	<i>Have done or usually do this</i>	<i>Sometimes do this</i>	<i>Want to try this</i>	<i>No, doesn't apply OR not practical OR not interested</i>	<i>Need more information</i>	
Compost kitchen scraps; yard waste	54	16	12	18	0	100
Maintain worm box to compost kitchen scraps	23	4	23	48	2	100
Recycle aluminum cans	62	17	4	17	0	100
Recycle building materials or use recycled resources	53	32	2	11	2	100
Recycle plastics (using product recycle codes)	27	18	20	30	5	100
Recycle newspapers	42	20	9	25	4	100
Recycle magazines	43	24	11	22	0	100
Recycle cardboard	31	30	22	17	0	100
Purchase recycled paper products	46	40	7	5	2	100
Use re-usable towels, rags, wipes and napkins	64	32	2	2	0	100
Use re-usable plates, flatware, cups	75	21	2	2	0	100
Buy in bulk rather than many small containers	45	43	5	7	0	100
Avoid excess packaging on take-out food & groceries	55	38	5	2	0	100
Limit use of highly packaged "convenience foods"	69	25	4	2	0	100
Use reusable containers for lunches & storage	77	23		0	0	100
Take your bags for reuse when you shop for food/groceries	63	31	4	2	0	100

1. Summary. A large majority of our UUFF survey respondents are very diligent about reducing, recycling and reusing materials. Except for plastics and worm composting, the majority of respondents usually or sometimes reduce solid waste. The responses that indicate "not practical" may primarily be due to the limited options in Fairbanks.

2. Which of the following options best describes your efforts to REDUCE ENERGY WASTE FOR TRANSPORTATION?

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RESPONSES LISTED BY PERCENTAGES	<i>Have done or usually do this</i>	<i>Sometimes do this</i>	<i>Want to try this</i>	<i>No, doesn't apply OR not practical OR not interested</i>	<i>Need more information</i>
Walk or use a bicycle for your transportation	9	38	11	42	0
Car-pool to work	2	6	4	88	0
Use public transportation (where routes exist)	2	6	11	81	0
Plan shopping/errands to minimize number of trips	70	21	2	7	0
Car-pool shopping trips with neighbors	2	3	15	78	2
Car-pool to UUFF	2	15	17	62	4
Car-pool social trips	15	56	4	23	2
Park car in central place and walk from store to store	24	34	4	38	0
Drive a fuel-efficient vehicle, when you drive	55	15	23	7	0
Plug-in vehicles when temperature is below 20°	78	18	4	0	0
Use timers to reduce plug-in times	64	17	8	11	0
Regularly check tire air pressure to improve mileage	49	36	13	2	0
Drive responsibly to conserve fuel	84	14	2	0	0
Minimize airplane flights; vacation closer to home	18	24	4	52	2

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2. Summary. Fairbanks is not an easy place to conserve transportation energy. UUFFers seem to do what is feasible, such as combining trips to town and being conscientious of their other driving habits. Other than carpooling or public transportation, respondents do very well regarding fuel efficiency practices with their vehicles.

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3. Which of the following options best describes your practices to REDUCE ENERGY WASTE AT HOME?

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RESPONSES LISTED BY PERCENTAGES	<i>Have done or usually do this</i>	<i>Sometimes do this</i>	<i>Want to try this</i>	<i>No, doesn't apply OR not practical OR not interested</i>	<i>Need more information</i>
Have an energy audit done on your home by GVEA (Home Energy Sense - \$40)	32	4	38	24	2
Have a home energy audit done by the AHFC energy audit and rebate program	54	0	26	18	2
Improve insulation/sealing of house	64	13	13	10	0
Replace incandescent light bulbs with fluorescent lighting (except for motion sensors)	79	15	2	4	0
Minimize exterior lighting (set up on timers or motion detectors or use only when outside)	91	4	2	3	0
Use non-electrical holiday lights or replace with LEDs	51	17	23	7	2
Turn off all lights when not in use	76	24		0	0
Use appliances (e.g. dryer, refrigerator, oven) with Energy Star (low energy and low water usage) appliances	58	17	18	7	0
Place an insulating blanket on hot water heater	36	11	18	31	4
Reduce hot water temperature to 120 degrees F	55	13	14	9	9
Put timer on hot water heater, to cycle off when not needed.	21	4	27	40	8
Use power strips with on-off switch for electronic items that draw current even when not powered "on".	27	29	26	16	2

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Set winter thermostat to 65 or lower in day, lower at night	51	16	7	24	2	100
Insulate all hot water pipes	32	15	18	30	5	100
Insulate heating ducts	23	6	10	53	8	100
Use passive solar energy improvements	19	21	28	26	6	100
Use photo-voltaic solar for electrical power	4	2	30	48	16	100
Use solar hot-water panels or solar hot water tubes	0	6	29	45	20	100
Use wind generator	0	0	13	75	12	100
If heating with a non-renewable energy source, use an energy-efficient, low-polluting heating system	36	8	18	22	16	100
If heating with wood, use an energy-efficient, low-polluting wood (or pellet) stove model	24	18	22	31	5	100
Burn only dry, seasoned wood	47	19	6	26	2	100
Turn off hot tubs if infrequently used	9	7	9	68	7	100

3. Summary. UUFF respondents follow reasonably affordable practices, such as using CFL bulbs, conserving electric use, insulating homes, etc. A large percentage of respondents want to try alternative energy sources. The heating sources currently used are mostly energy efficient for the type system used.

4. For each of the activities below, which behavior best describes your efforts to CONSERVE WATER?

RESPONSES LISTED BY PERCENTAGES	<i>Have done or usually do this</i>	<i>Sometimes do this</i>	<i>Want to try this</i>	<i>No, doesn't apply OR not practical OR not interested</i>	<i>Need more information</i>	
Install low flow shower heads	67	7	13	13	0	100
Take short showers and reduce or eliminate baths	69	20	0	11	0	100
Install toilets with dual choice of flushing water quantity	28	7	24	34	7	100
Use a composting toilet	8	0	11	77	4	100
Collect rainwater for outdoor watering; reduce or eliminate outdoor watering using water from a faucet	47	21	11	19	2	100
Plant a garden of native plants that are drought-tolerant and require minimum watering	31	27	9	25	8	100
If you must water outdoors, replace spray system with drip system	14	17	23	42	4	100
Use washing machine with water conserving Energy Star front loading model	49	6	24	21	0	100
Reduce car washing	79	13	0	8	0	100
Make sure that all faucets have aerators	42	14	8	16	20	100

4. Summary. UUFF respondents do a remarkable job conserving water, even though we live where water shortage is not a big issue yet.

5. For the activities below, which behavior best describes how you REDUCE USE OF TOXIC SUBSTANCES?

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RESPONSES LISTED BY PERCENTAGES	<i>Have done or usually do this</i>	<i>Sometimes do this</i>	<i>Want to try this</i>	<i>No, doesn't apply OR not practical OR not interested</i>	<i>Need more information</i>
Purchase unbleached paper products	45	38	6	9	2
Purchase only biodegradable, non toxic cleaning products	46	46	2	6	0
Use minimal amounts of cleaning products	72	26	2	0	0
Eliminate all herbicides and pesticides in your yard and garden	73	16	2	9	0
Reduce all non-organic fertilizers	57	22	11	8	2
Use water based paints instead of acrylic or oil based	60	29	7	4	0
Be very careful with, and clean up any spills of oil, paint thinner, and similar materials	83	11	2	4	0
Recycle old oil	63	6	11	7	13
Recycle computers and electronic products (because they contain heavy metals and other toxic substances)	65	24	9	2	0

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5. Summary. For all categories, UUFF respondents usually or sometimes reduce use of toxic substances at least 79 percent of the time.

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6. Of the seven activities below, which option best describes how you make BETTER FOOD CHOICES?

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RESPONSES LISTED BY PERCENTAGES	<i>Have done or usually do this</i>	<i>Sometimes do this</i>	<i>Want to try this</i>	<i>No, doesn't apply OR not practical OR not interested</i>	<i>Need more information</i>
From June-to-September, purchase produce from Alaskan growers, preferably locally grown	64	36	0	0	0
Substitute whole foods for processed foods	76	24		0	0
Use organically grown foods	48	50	0	2	0
Avoid farmed fish; avoid overfished endangered species of seafood; substitute plentiful species	81	17	2	0	0
Reduce usage of food transported from afar	24	62	7	7	0
Reduce consumption of meat and poultry (e.g. smaller portion size); substitute vegetable proteins	55	36	4	5	0
Reduce intake of processed, refined carbohydrates; substitute fresh fruits/vegetables	63	33	2	2	0

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6. Summary. An impressive number of UUFF respondents are making better food choices. More than 90 percent of respondents said they usually or sometimes make these choices in all categories, except "reduce usage of food transported from afar." This is an indication of honest responses, since our local supply is limited.

7. Select the option that best describes how you use the following practices to SEEK EARTH JUSTICE?

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RESPONSES LISTED BY PERCENTAGES	<i>Have done or usually do this</i>	<i>Sometimes do this</i>	<i>Want to try this</i>	<i>No, doesn't apply OR not practical OR not interested</i>	<i>Need more information</i>
Purchase "fair trade" foods, e.g. coffee, where available.	47	40	2	9	2
Avoid purchasing food, clothing or other products if I know they were produced under "sweatshop" conditions	57	29	0	7	7
Favor businesses if I know they pay their employees a fair family wage	60	25	4	2	9
Avoid patronizing businesses if I know they violate fair labor practices	70	15	6	2	7
Avoid patronizing businesses if I know they give inadequate attention to worker safety	69	17	7	0	7
Avoid patronizing businesses if I know they have a record of harm to the environment	70	17	6	2	5
Recycle toys, clothes and household goods by having garage sales, clothing swaps and/or donating items to Value Village	89	9	2	0	0
Recycle toys, clothes and household goods by shopping at garage sales, Value Village and other second-hand shops or swaps	70	24	2	4	0

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7. Summary. UUFF respondents indicate a very high awareness of seeking justice in their purchasing practices. Again, the honesty shows regarding the lower level of "fair trade" foods purchased, since those products are limited in supply. Almost 20 percent more respondents donate used clothing and other materials than purchase second-hand items.

8. What is your age bracket and gender?

Under 18 years old	0%
Between 18 and 39 years old	18%
Between 40 and 65 years old	64%
Over 65 years old	18%
Male	27%
Female	73%

55 respondents for age bracket; 47 respondents on gender

9. Which one of the following applies to you?

54 respondents

I live with full plumbing (bath/shower, laundry, flush toilet)	92%
I live with partial plumbing (at least kitchen sink and bath and/or shower, maybe laundry, no toilet)	4%
I live with minimal plumbing (no toilet, no laundry)	4%
Where I live is plumbing-free	0%

10. How many people does this survey response represent?

> 5 people	2%
Five people	2%
Four people	6%
Three people	9%
Two people	36%
One person	45%

55 respondents

SUMMARY:

8. Most respondents are "middle aged," while an even proportion of respondents are younger or older.

Female respondents outnumbered male respondents by more than 2 to 1.

9. Almost all of the respondents live with full plumbing facilities.

10. Eighty-one percent of respondents are single or couples; less than 20 percent are families.

THANK YOU FOR PARTICIPATING! THE UUFF GREEN SANCTUARY COMMITTEE